



# Carers Support

Working with West Sussex Carers



**Carers Support Group**

**'Let's Meet for Coffee'**

**Caffe Nero**

**25-27 High Street**

**East Grinstead**

**RH19 3AF**

**First Tuesday  
of each month  
2pm to 5pm**

**For information  
please contact us**

**0300 028 8888**

**[info@carerssupport.org.uk](mailto:info@carerssupport.org.uk)**



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**@CarersWSussex**



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